



Hartismere Place care home **Stroke awareness**

**Are you or your loved one at risk of a stroke?
Would you like to find out more about what can be done?**

Hartismere Place is pleased to welcome Neil Chapman from the East of England Stroke Association, who will give advice and guidance on caring for a loved one recovering from a stroke and the resources available.

- What is a stroke?
- Recognising signs of Transient Ischaemic Attacks (TIAs)
- The different stages of recovering from a stroke
- Meet our friendly team and have the opportunity to tour our home and day centre
- Enjoy complimentary refreshments throughout the event

Thursday 18th February 2016, 10am to 12 noon

**Free
event**

For more information or to book your free place please call us on
01379 888 483 or email angela.hodge@careuk.com

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careuk.com/hartismere-place

