

Helping to End Loneliness in Rural Communities



Registered Number: 1125748

You are warmly invited to our Mid Suffolk Networking event

On: Monday 11th April 2016

At: Eye Community Centre IP23 7AJ

From: 10.00 a.m. to 3pm

This free, interactive workshop will:

Explore the health, wellbeing, economic and social impact of loneliness across rural Suffolk, using research and evidence highlighted by The Campaign to End Loneliness

Inform and better equip you for the challenges ahead; how to spot and offer practical support to help lonely people in your own community

Raise awareness of some successful events and initiatives that encourage a strong sense of community

Enable you to meet and network with likeminded professionals, volunteers and public servants who serve the diverse rural population across the Babergh area

Identify current and potential "community champions" who help to connect service providers with relevant groups, people and service users

A light lunch and afternoon tea will be provided

R.S.V.P. by March 29th

coffee.caravan@btinternet.com or tel: 01379 855338

This day is being delivered to delegates free of charge owing to funding via Mid Suffolk District Council and the Suffolk Community Foundation(Safer Suffolk small grants fund)